



# Discover How God Made You!

## The Temperaments

### GRACE BUILDS ON NATURE

A WOMEN'S STUDY IN  
*Faith & Friendship*

Led by: **Kathleen Lewis**

Parishoner | Speaker | Writer | Podcaster.

#### ABOUT THE STUDY

For centuries, the Church has drawn on the wisdom of the four temperaments—Choleric, Melancholic, Sanguine, and Phlegmatic—to better understand and guide souls.

Each of us is uniquely created by God. Understanding our natural inclinations helps us grow in holiness and love.



#### MEET OUR SPEAKER

Kathleen Lewis is a longtime St. Ann parishoner with decades of ministry experience as a DRE, youth minister, homeschool educator, and study leader.

She has co-authored Catholic curricula, created courses for TAN Academy, and co-hosts Joyful Echo. Her greatest joy is helping others discover how God works through the smallest offerings of the heart.



Dates:  
**September 10th -  
December 5th\***  
\*no session  
November 26  
(Thanksgiving)



Time and location:  
**Thursday Mornings  
9:30am\* - Noon**  
\*9:00am Hospitality  
**St. Ann Allen Center  
Classrooms 1+2**



Cost:  
\$65.00  
(includes Book +  
Study Guide)

Mornings include: Prayer, worship, study, and small group discussions.

**SPACE IS LIMITED! Register by August 15th**



Questions? Contact Patti Cucci at [mwoj.stann@gmail.com](mailto:mwoj.stann@gmail.com) [www.stanncharlotte.org/mwoj](http://www.stanncharlotte.org/mwoj)